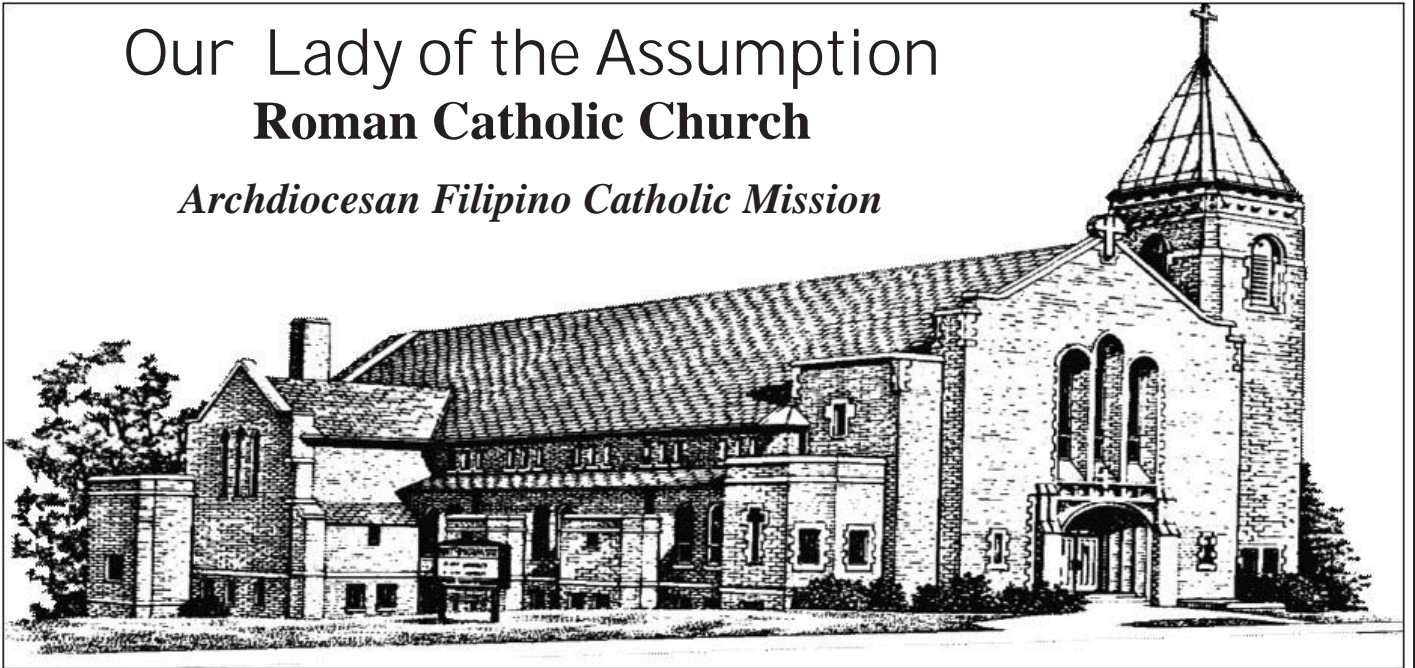


# Our Lady of the Assumption Roman Catholic Church

*Archdiocesan Filipino Catholic Mission*



2565 Bathurst Street, Toronto, ON M6B 2Z3

Tel. 416-787-4547

[olassumptionto.archtoronto.org](http://olassumptionto.archtoronto.org)

Email: [OLAssumptionTO@archtoronto.org](mailto:OLAssumptionTO@archtoronto.org)



## PARISH STAFF

Fr. Lorenzo Salandanan Ext. 210

[lsalandanan@archtoronto.org](mailto:lsalandanan@archtoronto.org)

Deacon Joel Bangalan

Holly Pedrosa – Parish Secretary Ext. 200

Jhun Viloría – Caretaker

Lucille Sicat – House Keeper

Rene Ng – Accountant Ext. 212

+ + +

## PARISH OFFICE HOURS

Monday is **CLOSED**

Tuesday-Friday: 9 a.m. to 5 p.m.

(closed for lunch: 12-1 p.m.)

+ + +

## *Welcome, new parishioners!*

We invite new parishioners to register with the parish. Registration forms, pre-authorized giving forms and donation envelopes are available at the entrances of the church and at the parish office. Please drop completed forms into the collection basket or at the parish office.

## SUNDAY MASSES

Saturday – 5:00pm

Sunday – 10:00am; 12:00 Noon

5:00pm (Filipino); 7:00pm

+ + +

## WEEKEDAY MASSES

Tuesday – Friday – 7:00pm

## RECONCILIATION

Wednesday – 6:30pm – 6:45pm

Saturday – 4:00pm – 4:45pm

Or upon request

+ + +

## DEVOTIONS

(Before each Mass)

Recitation of the Holy Rosary

Our Mother of Perpetual Help

(Wednesday)

St. Jude (Thursday)

Divine Mercy (Friday)

## BAPTISM

Contact Parish Office 2 months in advance of anticipated baptismal date.

## MARRIAGE

Couples planning to be married must contact a priest *one year* in advance. Preparation course is a prerequisite.

## ANOINTING OF THE SICK

If one of your loved ones would like to receive this Sacrament of Anointing, please call the Parish Office.

## COMMUNION OF THE SICK AND HOUSEBOUND

The Eucharist is brought regularly to the sick and shut-ins. Anointing of the Sick and Reconciliation are also available. Please notify the parish office.

## CATHOLIC CEMETERY

416-733-8544

[www.catholic-cemeteries.ca](http://www.catholic-cemeteries.ca)

## PARISH CATHOLIC SCHOOL

Our Lady of the Assumption School

416-393-5265

# 8th Sunday in Ordinary Time, Cycle C



## Monday, March 3rd

No Mass

## Tuesday, March 4th

7:00pm—

## Wednesday, March 5th

(Multiple Intentions)

7:00pm—

## Thursday, March 6th

7:00pm— Pro Populo

## Friday, March 7th

7:00pm—

## Saturday, March 8th

5:00pm—

## Sunday, March 9th

10:00am—

12:00 Noon—

5:00pm (Tagalog Mass) -

7:00pm—



## Let us pray!

We keep in our prayers the sick, the homebound, and the forgotten members in our community and those who love and minister to them.

## Offertory Collection

February 23rd, 2025

Regular Offertory \$ 10,829.00

**Thank you**  
FOR YOUR SUPPORT



## Sunday Reflection.....

The Gospel reading is from Luke 6:39-45. In this passage, Jesus shares a parable emphasizing self-awareness and integrity: "Can a blind person guide a blind person? Will not both fall into a pit? Why do you notice the splinter in your brother's eye, but do not perceive the wooden beam in your own?" Jesus challenges us to reflect on our own shortcomings before judging others. He uses the metaphor of a tree and its fruit to illustrate that our actions reflect our inner character: "A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit. For every tree is known by its own fruit." This teaching calls us to cultivate goodness within ourselves, leading to actions that positively impact those around us. In the first reading from Sirach 27:4-7, we are reminded that our speech reveals our true selves: "When a sieve is shaken, the husks appear; so do one's faults when one speaks." Similarly, the second reading from 1 Corinthians 15:54-58 encourages steadfastness in faith, assuring us that our efforts in the Lord are not in vain. Together, these readings invite us to engage in sincere self-examination, to nurture inner virtue, and to act with integrity, ensuring that our lives bear good fruit reflective of a heart aligned with God's will.



## Frequently Asked Questions on Plenary Indulgences During the Jubilee Year

**1. What is an indulgence?** An indulgence is the remission of temporal punishment due to sins already forgiven. Sin is both personal and social; it leaves a mark on the individual soul and has an effect on the lives of others. In the Sacrament of Reconciliation our sins are forgiven, and we are restored to a state of grace, but the aftermath of our sin remains. Indulgences work to remedy this both in this world and the next, for ourselves or those who have gone before us into eternal life. As a remission of temporal punishment, indulgences can be partial or plenary depending on whether part or all of the temporal punishment due to sin has been remitted. Indulgences truly are an outpouring of God's abundant grace and mercy. For more information, see [Catechism of the Catholic Church, paragraphs 1471 – 1479](#).

**2. What is the Jubilee Indulgence?** The Jubilee Indulgence is a plenary indulgence which thanks to the power of prayer, is intended in a particular way for those who have gone before us, so that they may obtain full mercy. It may also be sought for oneself. It is a way of discovering the unlimited nature of God's mercy. During a Jubilee Year, which normally happens every 25 years, all other indulgences previously granted remain in force and may be obtained by the faithful.

**3. How is the Jubilee Indulgence obtained?** It is obtained in the same manner as any plenary indulgence. One who is truly repentant and free from any attachment to or desire for sin, moved by a spirit of charity, must perform a prescribed act to be able to obtain the Jubilee Indulgence. The person must also go to Confession (within several days before or after the prescribed act), receive Holy Communion and pray for the intentions of the Pope (specifically praying 1 Our Father and 1 Hail Mary). The Jubilee Indulgence may be applied in suffrage to the souls in Purgatory, which is a most commendable act of mercy itself. For more information, see [The Gift of the Indulgence](#).

**4. What are the ways in which a plenary indulgence can be obtained?** A plenary indulgence can be obtained through the following ways:

- pilgrimages;
- pious visits to sacred places;
- works of mercy and penance.





**ASH WEDNESDAY**

**Holy Mass and Distribution of Ashes**

**March 5th, 2025 at 7:00pm**

**WHAT IS ASH WEDNESDAY?**

Ash Wednesday (from the Latin *Dies Cinerum*, meaning "Day of Ashes") is the first day of Lent. On this day, Christians focus intensely on their utter and complete sinfulness and the necessity of Christ's suffering and death to earn their salvation. Ashes are referred to many times in the Old Testament as a sign of sorrow, mourning, repentance, and mortality (see 2 Samuel 13:19; Esther 4:1-3; Job 42:6; and Jeremiah 6:26). Many churches use ashes during Ash Wednesday worship as part of a rite called the Imposition of Ashes. According to this ancient custom, ashes (traditionally made by burning palm fronds **used on Palm Sunday of the previous year**) are mixed with a small amount of olive oil and applied to the forehead of each worshipper. This mark, in the sign of a cross, can be a powerful reminder of our depraved and sinful nature and total dependence on God for forgiveness and salvation.

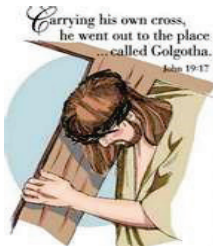
**FASTING AND ABSTINENCE**



Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.



**JOIN US**

**Every Friday at**

***HOLY EUCHARIST at 7:00pm***

**STATIONS OF THE CROSS at 7:30pm**

**What do you do for Lent?**

**Few Suggestions:**

Daily Prayers, Holy Rosary, reading the Scriptures, Daily Masses, Charitable acts, Sacrament of Confession and Visiting the Blessed Sacraments.



**Do you want to FAST this Lent?...**

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience
- Fast from pessimism and be filled with hope.
- Fast from worries and trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your heart with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.



**HOLY HOUR with Jesus**

Thursday, March 6th, 2025  
after the 7:00pm Mass  
"Praying for the sick"

**PARISH ANNUAL FINANCIAL REPORTS**

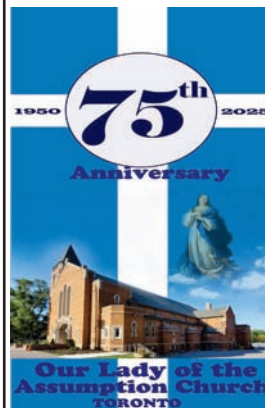


The Parish Annual Financial Report has been published in our bulletin last weekend and in our parish website. You can still view it on our parish website at [olassumptionto.archtoronto.org](http://olassumptionto.archtoronto.org). We are so grateful for the support and generosity of so many people in our parish and the AFCM community.

**Lift Jesus Higher Rally 2025**



Saturday March 29th, 2025 at 4 – 9 a.m. to 5:30 p.m. EST Metro Toronto Convention Centre North Building, 255 Front Street West, Toronto



**ACTIVITIES TO BE ANNOUNCED SOON!!!!**

*To Reflect On The Past,  
Embrace The Present,  
And Shape The Future*



**"Remember your OLA Parish in your will."**

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