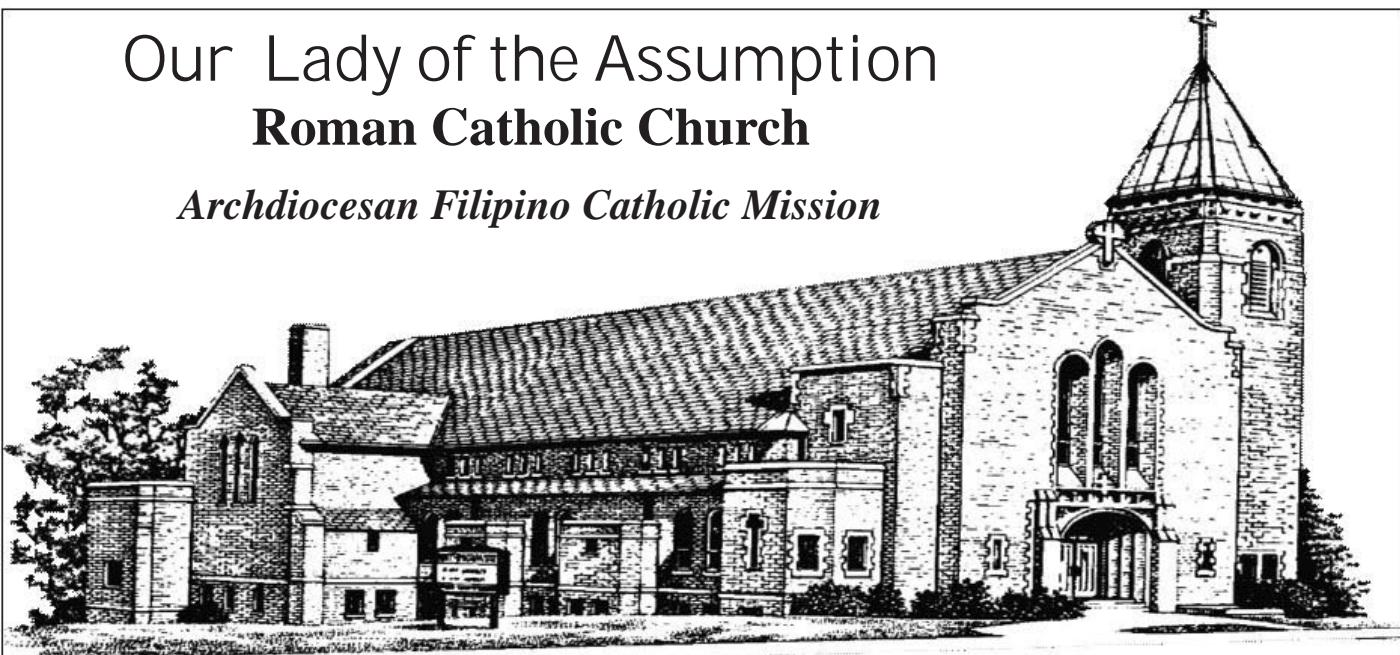


Our Lady of the Assumption Roman Catholic Church

Archdiocesan Filipino Catholic Mission



2565 Bathurst Street, Toronto, ON M6B 2Z3

Tel. 416-787-4547

olassumptionto.archtoronto.org

Email: OLAssumptionTO@archtoronto.org



PARISH STAFF

Fr. Lorenzo Salandanan Ext. 210
lsalandanan@archtoronto.org

Deacon Joel Bangalan

Holly Pedrosa – Parish Secretary Ext. 200

Jhun Viloria – Caretaker

Lucille Sicat – House Keeper

Rene Ng – Accountant Ext. 212

+++

PARISH OFFICE HOURS

Monday is **CLOSED**

Tuesday-Friday: 9 a.m. to 5 p.m.
(closed for lunch: 12-1 p.m.)

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Welcome, new parishioners!

We invite new parishioners to register with the parish. Registration forms, pre-authorized giving forms and donation envelopes are available at the entrances of the church and at the parish office. Please drop completed forms into the collection basket or at the parish office.

SUNDAY MASSES

Saturday – 5:00pm
Sunday – 10:00am; 12:00 Noon
5:00pm (Filipino); 7:00pm

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WEEKDAY MASSES

Tuesday – Friday – 7:00pm

RECONCILIATION

Wednesday – 6:30pm – 6:45pm
Saturday – 4:00pm – 4:45pm
Or upon request

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DEVOTIONS

(Before each Mass)

Recitation of the Holy Rosary
Our Mother of Perpetual Help
(Wednesday)
St. Jude (Thursday)
Divine Mercy (Friday)

BAPTISM

Contact Parish Office 2 months in advance of anticipated baptismal date.

MARRIAGE

Couples planning to be married must contact a priest **one year** in advance. Preparation course is a prerequisite.

ANOINTING OF THE SICK

If one of your loved ones would like to receive this Sacrament of Anointing, please call the Parish Office.

COMMUNION OF THE SICK AND HOUSEBOUND

The Eucharist is brought regularly to the sick and shut-ins. Anointing of the Sick and Reconciliation are also available. Please notify the parish office.

CATHOLIC CEMETERY

416-733-8544
www.catholic-cemeteries.ca

PARISH CATHOLIC SCHOOL

Our Lady of the Assumption School
416-393-5265

Mass Intentions FOR THE WEEK

FEBRUARY 9th-15th, 2026

Monday, February 9th

No Mass

Tuesday, February 10th

7:00pm— Pro Populo

Wednesday, February 11th

(Multiple Intentions)

7:00pm— Zenaida Fulgencio/Marie Aitchison

Thursday, February 12th

7:00pm— Pro Populo

Friday, February 13th

7:00pm— Pro Populo

Saturday, February 14th

5:00pm—Pro Populo

Sunday, February 15th

10:00am—Pro Populo

12:00Noon— Pro Populo

5:00pm (Tagalog Mass) - Community of OLA/
AFCM

7:00pm— Pro Populo

Let us pray!



We keep in our prayers the sick, the homebound, and the forgotten members in our community and those who love and minister to them.

Thank You for Your Financial Support

If you are unable to join us for mass at this time please consider the options of either through our [Pre-Authorized Giving Program](#), or an electronic donation by credit card through the "Donate Now" button at the top right corner of the Archdiocese of Toronto [website](#). For information, Please call the parish office at 416-787-4547.

Offertory Collection

February 1st, 2026

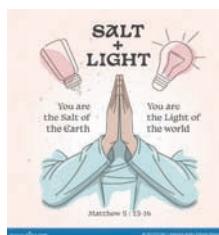
Sunday Offertory \$ 10,898.00
Building Maintenance \$3,470.00



Thank you for your donations and support!

Sunday Reflection.....

Jesus teaches that his disciples are to be the salt of the earth and the light of the world. (Matthew 5:13-16)



Following upon the teaching of the [Beatitudes](#), Jesus uses the now familiar metaphors of salt and light to describe the life of discipleship. We take salt and light for granted in our society, but these commodities were more precious in ancient cultures. Just as now, salt was used in Jesus' time for flavoring, as a preservative, and as a healing agent.

Similarly, the widespread use of electricity in the modern world makes us less aware of the value and importance of light in our lives.

Still, our familiarity with this passage from Matthew's Gospel speaks well to the abiding power of the imagery that Jesus presented. Jesus' call to be salt for the earth and light for the world powerfully states our mission as Church and as Christians. Our commitment to social justice flows from the exhortation that Jesus gives us in today's Gospel. Some of the activities that this commitment leads us to are given more concrete expression as the Corporal and Spiritual [Works of Mercy](#). When we feed the hungry, clothe the naked, console those who mourn, and so on, we show ourselves to be the salt of the earth and the light of the world. When we do these things with the community of faith, the Church, we are indeed acting as "a city set on a mountain" that cannot be hidden!

WORLD DAY OF THE SICK AND THE SACRAMENT OF ANOINTING



On the Feast of Our Lady of Lourdes on Wednesday, February 11th, 2026, the Sacrament of Anointing will be available after the 7:00pm Mass.

Over the centuries the Anointing of the sick was conferred more and more exclusively on those at the point of death. However, this sacrament is not only for those who are at the point of death. It is also appropriate to receive the Sacrament of Anointing of the Sick prior to a serious operation. Those who have a chronic condition, or are becoming frail with old age, may receive Anointing of the Sick on more than one occasion.'



2025 Charitable Income Tax Receipts will be delivered directly in your home through mail by February.

Thank you for your continued support to the parish!



WHAT IS ASH WEDNESDAY?

Ash Wednesday (from the Latin *Dies Cinerum*, meaning "Day of Ashes") is the first day of Lent. On this day, Christians focus intensely on their utter and complete sinfulness and the necessity of Christ's suffering and death to earn their salvation. Ashes are referred to many times in the Old Testament as a sign of sorrow, mourning, repentance, and mortality (see [2 Samuel 13:19](#); [Esther 4:1-3](#); [Job 42:6](#); and [Jeremiah 6:26](#)). Many churches use ashes during Ash Wednesday worship as part of a rite called the [Imposition of Ashes](#). According to this ancient custom, ashes (traditionally made by burning palm fronds [used on Palm Sunday of the previous year](#)) are **mixed with** a small amount of olive oil and applied to the forehead of each worshipper. This mark, in the sign of a cross, can be a powerful reminder of our depraved and sinful nature and total dependence on God for forgiveness and salvation.

FASTING AND ABSTINENCE

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.

JOIN US

Every Friday at

HOLY EUCHARIST at 7:00pm

STATIONS OF THE CROSS at 7:30pm



PRAYER-FASTING-ALMS GIVING

PARISH LENTEN RETREAT

March 23 -25, 2026

Holy Eucharist/ Exposition of the Blessed Sacrament/Lenten talk at 7:00PM- 9:00PM

Communal Lenten confession
Thursday, March 26, 2026 at 7:30pm

ASH WEDNESDAY

Holy Mass and Distribution of Ashes
February 18, 2026

Our Lady of the Assumption School
10:00am

Our Lady of the Assumption Church
7:00pm

Lift Jesus Higher Rally 2026

Saturday March 14,2026

4 – 9 a.m. to 5:30 p.m. EST Metro Toronto Convention Centre North Building, 255 Front Street West, Toronto

Worldwide Marriage Encounter Experience - March

7-8, 2026

Fall in Love Again! Are you ready for more growth and happiness in your marriage or priesthood? Join us on March 7-8 at Queen of Apostles for a weekend that could change your life. **Discover the Secrets to a Lasting, Supportive, and Transformational Marriage!**

This weekend is for couples, whether you are newlyweds or have been married for decades. It's also perfect for priests looking to deepen their relationship with their community.

Contact us NOW: Christian & Elizabeth Arroba, 416-554-4439 or 416-554-7062 christian.elizabeth.arroba@wwme.org



PILGRIMAGE TO PORTUGAL, SPAIN and FRANCE

Celebrating the Jubilee Year of the Holy Chalice in Valencia Under spiritual guidance of Rev. Lorenzo Salandanan, Pastor of Our Lady of the Assumption Parish in Toronto, ON Tour Coordinator: Ms. Patricia Martyn, 416-629-0350, pmartyn132@gmail.com SEP 27 - OCT 10, 2026, 14 DAYS - \$5,990.00, incl. taxes and tips Connaisance Travel and Tours, 3852 Finch Ave East, Suite #306, Toronto ON, M1T 3T9, Tel: 416 291 2676





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